

Whole School Curriculum overview for RSHE (SEAL and PSHE programmes of study.)	Autumn 1	Autumn 2 NSPCC – Speak Out, Stay Safe	Spring 1	Spring 2	Summer 1 RSE – whole school – all teachers to deliver curriculum. NSPCC - PANTS	Summer 2
Reception	<p>New Beginnings Mental Health/Restorative Practice Caring Friendships Families and people who care for me Celebrating differences Black History Month - and Wilma Rudolph)</p> <p>Police visit- Bonfire safety.</p>	<p>Say no to bullying (two weeks) Anti-bullying week Bully Busters assembly Say no to bullying – what makes a good friend? Who can we tell? Respectful relationships Mental Health/Restorative Practice</p> <p>Getting on and falling out NSPCC stay safe/speak out</p>	<p>Going for goals Restorative Practice Goal Setting-Set a simple goal Growth mind-set Inspirational people (Robert the Bruce)</p> <p>Mental Health Children’s mental health week</p>	<p>Good to be me International Women’s Day Neurodiversity Celebration Week Mental/physical health Say no to bullying Safer Internet Awareness Day Internet safety and harms Online relationships Restorative Practice</p>	<p>Relationships Dementia Friends training RSE – Journey in Love Mental Health/Restorative Practice Loss – Dogger by Shirley Hughes PANTS (NSPCC) Mental Health Awareness week Refugee Week</p>	<p>Changes Mental health/restorative practice Personal hygiene Healthy lifestyle Keeping safe and managing risk – indoor and outdoor safety Transition to Year1 Road safety assembly</p>
Year 1	<p>New Beginnings Mental Health/Restorative Practice Caring Friendships Families and people who care for me celebrating differences Black History Month – Harriet Tubman Police visit - Bonfire safety</p>	<p>Say no to bullying (two weeks) Anti-bullying week Bully Busters assembly Say no to bullying – What makes a good friend? Feelings and who to tell. Respectful relationships Mental Health/Restorative Practice</p> <p>Getting on and falling out NSPCC stay safe/speak out</p>	<p>Going for goals Restorative Practice Goal Setting-Set a simple goal Growth mind-set Inspirational people (Emmeline Pankhurst)</p> <p>Mental Health Children’s mental health week</p>	<p>Good to be me International Women’s Day Neurodiversity Celebration Week Mental health/physical health Say no to bullying Safer Internet Awareness Day Internet safety and harms Online relationships Restorative Practice</p>	<p>Relationships Dementia Friends training RSE – Journey in Love Mental Health/Restorative Practice Jealousy and managing uncomfortable feelings PANTS (NSPCC) Mental Health Awareness week Refugee Week</p>	<p>Changes Mental health/restorative practice Personal hygiene Keeping safe and managing risk - Road safety assembly Whole School Health Week</p>
Year 2	<p>New Beginnings Mental Health/Restorative Practice Caring Friendships Families and people who care for me Rights and responsibilities Black History Month Maya Angelou Police visit- Bonfire safety.</p>	<p>Say no to bullying (two weeks) Anti-bullying week Bully Busters assembly Say no to bullying – What makes a good friend? Feelings and who to tell. Respectful relationships</p> <p>Getting on and falling out Mental Health/Restorative Practice NSPCC stay safe/speak out</p>	<p>Going for goals Restorative Practice Goal setting and breaking it down into smaller steps Growth mind-set Inspirational people (Marcus Rashford)</p> <p>Mental Health Children’s mental health week</p>	<p>Good to be me International Women’s Day Gender stereotypes Neurodiversity Celebration Week Mental/physical health Say no to bullying Safer Internet Awareness Day Internet safety and harms Online relationships Restorative Practice</p>	<p>Relationships Dementia Friends training Exploring loss – Grandma had to go. RSE – Journey in Love Mental Health/Restorative Practice PANTS (NSPCC) Mental Health Awareness week Refugee Week)</p>	<p>Changes Mental health/restorative practice Personal hygiene Keeping safe and managing risk - dangers around the house. Transition to Year 3 Road safety assembly Whole School Health Week</p>
Year 3 Citizenship – termly visit to Mersey Parks to resume when restrictions are lifted	<p>New Beginnings Mental Health/Restorative Practice Caring Friendships Families and people who care for me Identity, society and equality – democracy Black History Month- Rosa Parks</p>	<p>Say no to bullying (two weeks) Anti-bullying week Bully Busters assembly Say no to bullying – What makes a good friend? Feelings and who to tell. Respectful relationships Mental Health/Restorative Practice</p>	<p>Going for goals Restorative Practice Goal setting for school targets Growth mind-set Inspirational people (Howard Carter, Lopez Lomong)</p> <p>Mental Health</p>	<p>Good to be me International Women’s Day stereotypes Neurodiversity Celebration Week Mental/physical health Say no to bullying Safer Internet Awareness Day Internet safety and harms</p>	<p>Relationships Dementia Friends training Fault/Guilt/Blame – making a judgement RSE – Journey in Love Mental Health/Restorative Practice PANTS (NSPCC) Mental Health Awareness week</p>	<p>Changes Mental health/restorative practice Healthy eating Good drugs and bad drugs Keeping safe and managing risks - Road safety assembly Whole School Health Week</p>

	<p>Police visit- Bonfire safety</p>	<p>Getting on and falling out NSPCC stay safe/speak out</p>	<p>Children's mental health week</p>	<p>Online relationships Restorative Practice</p>	<p>Refugee Week</p>	
<p>Year 4 Citizenship – termly visit to Mersey Parks to resume when restrictions are lifted</p>	<p>New Beginnings Mental Health/Restorative Practice Caring Friendships Families and people who care for me Identity, society and equality – democracy, rights and responsibilities Black History Month- Ghandi Police visit- Bonfire safety</p>	<p>Say no to bullying (two weeks) Anti-bullying week Bully Busters assembly Say no to bullying – different types of bullying., understanding feelings and who to tell? Respectful relationships Mental Health/Restorative Practice Getting on and falling out NSPCC stay safe/speak out</p>	<p>Going for goals Restorative Practice Goal setting and identifying barriers Growth mind-set Inspirational people (Mother Theresa) Mental Health Children's mental health week</p>	<p>Good to be me International Women's Day Neurodiversity Celebration Week Mental/physical health Say no to bullying Safer Internet Awareness Day Internet safety and harms Online relationships Restorative Practice</p>	<p>Relationships Dementia Friends training Loss and bereavement – celebrating life - Badgers Parting Gifts RSE – Journey in Love Mental Health/Restorative Practice PANTS (NSPCC) Mental Health Awareness week Refugee Week</p>	<p>Changes Mental health/restorative practice Personal hygiene The risks with smoking Keeping safe and managing risk - strangers and safer strangers Road safety assembly Whole School Health Week</p>
<p>Year 5 Citizenship – termly visit to Mersey Parks to resume when restrictions are lifted</p>	<p>New Beginnings Mental Health/Restorative Practice Caring Friendships Families and people who care for me Identity, society and equality – democracy, rights and responsibilities Black History Month- Nelson Mandela Police visit- Bonfire safety.</p>	<p>Say no to bullying (two weeks) Anti-bullying Week Bully Busters assembly Different types of bullying stereotypes, discrimination and prejudice including homophobia Respectful relationships Getting on and falling out NSPCC stay safe/speak out</p>	<p>Going for goals Restorative Practice Goal setting and identifying barriers Growth mind-set and building resilience Inspirational people (Anne Frank) Mental Health Children's mental health week</p>	<p>Good to be me International Women's Day Neurodiversity Celebration Week Mental/physical health Say no to bullying Internet safety and harms Online relationships Safer Internet Awareness Day Restorative Practice</p>	<p>Relationships Dementia Friends training RSE – Journey in Love Mental Health/Restorative Practice Putdowns- external and internal Different families/Marriage/Civil partners/Forced marriage PANTS (NSPCC) Mental Health Awareness week Refugee Week</p>	<p>Changes Mental health/restorative practice Sun safety Keeping safe and managing risk – Road safety assembly Whole School Health Week</p>
<p>Year 6 Citizenship – termly visit to Mersey Parks to resume when restrictions are lifted</p>	<p>New Beginnings Mental Health/Restorative Practice Caring Friendships Families and people who care for me Identity, society and equality – democracy, rights and responsibilities Black History Month- Martin Luther King Police visit- Bonfire safety.</p>	<p>Say no to bullying (two weeks) Anti-bullying week Bully Busters assembly Say no to bullying stereotypes, discrimination and prejudice including homophobia Respectful relationships Mental Health/Restorative Practice Getting on and falling out NSPCC stay safe/speak out</p>	<p>Going for goals Restorative Practice Goal setting – Linking thoughts, feelings and behaviours Growth mind-set and building resilience Inspirational people (Maximilian Kolbe) pressure/gangs/criminal responsibility – police visit Mental Health Children's mental health week</p>	<p>Good to be me Challenging stereotypes/prejudice and discrimination International Women's Day Neurodiversity Celebration Week Mental/physical health Say no to bullying Safer Internet Awareness Day Internet safety and harms Online relationships Restorative Practice</p>	<p>Relationships Dementia Friends training RSE – Journey in Love Mental Health/Restorative Practice Understanding loss and bereavement Stages of grief – Sad by Michael Rosen PANTS (NSPCC) Mental Health Awareness week Refugee Week</p>	<p>Changes Mental health/restorative practice The risks with alcohol and tobacco Keeping safe and managing risk - peer pressure Transition to secondary school – EMHP support Road safety assembly Whole School Health Week</p>